

PureNourish[™] & Power Boost[™] are packed with key vitamins and nutrients that are essential to supporting weight loss. When added to your daily regimen, they can reduce your calorie intake while providing vital protein and nutrients to aid your full-spectrum transformation.





These results are not typical. The Slenderiiz Program helps you take in fewer calories than you burn via calorie-restricted eating, healthier food choices and increased physical activity. You can expect to lose up to 12 to 15 pounds in a month depending on a number of factors.

The proof is in the pics.

ALLERGEN-FREE

Unlike most shake products, PureNourish and Power Boost are entirely free of soy, preservatives, dairy, genetically modified organisms and wheat.

NUTRIENT-DENSE

When your only focus is cutting calories, you simultaneously cut out lots of key nutrients. PureNourish and Power Boost are more nutrient dense, per calorie, than similar products and have no empty sugars, reducing caloric intake without sacrificing daily dietary requirements.

POSITIVELY BALANCED

If your body isn't adequately supported by the right blend of nutrients, low-calorie diets can cause fatigue, muscle loss and damage to your hair, skin and nails. The synergistic fusion of PureNourish combined with Power Boost allows you to achieve your weight loss transformation goals without depriving your body of balanced nutrients.

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REAL PEOPLE, REAL RESULTS.









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PureNourish[™]

HIGH PROTEIN, PURE NUTRITION

PureNourish is a dietary supplement designed to enhance digestion and optimize nutrient absorption. Each serving combines 15 essential vitamins and minerals with 18 grams of high-quality plant protein, a blend of probiotics, prebiotics and enzymes and 25% of your daily recommended fiber in a satisfying supplement shake — plus it's only 116 calories! Using pea protein, rather than animalsourced protein, enhances digestion and aids optimal nutrient absorption while keeping the sodium content to a low 6mg per serving.

BLENDED BRAIN POWER

Believe it or not, your brain is actually 60% fat and supported by Omega-3 fatty acid, primarily in the form of DHA (docosahexaenoic acid). Think of it as a charger for your body — it's critical for optimal brain function. This specific type of fatty acid is absorbed by the brain in preference to other fatty acids, making it the best way to boost your brain power.



RECOMMENDED USAGE

Mix two scoops of PureNourish with Power Boost and 8 oz. of cold water. Shake vigorously to blend. For a creamier shake, use almond or coconut milk.

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	28 Amount Per Scoop	%Daily Value*
Total Calories	55	
Total Fat	2.3 g	2%
Saturated Fat	1.9 g	10%
<i>Trans</i> Fat	0 g	**
Cholesterol	0 mg	0%
Total Carbohydrate	5.6 g	2%
Dietary Fiber	1.9 g	6%
Sugars	3.1 g	**
Protein	1.4 g	**
Sodium	0 mg	0%
Branched-Chain Amino Acid Bl	end 724 mg	**
L-Leucine		
L-Isoleucine		
L-Valine		
L-Glutamine	579 mg	**
Medium-Chain Triglycerides (Coconut Based)	724 mg	**

Other Ingredients:

Cocoa Powder (Theobroma Cacao), Agave Powder, Coconut Milk Powder (Cocos Nucifera), Sunflower Lecithin, Natural Flavor, Guar Gum, Stevia, Salt.

Power Boost[™]

LOSE THE WEIGHT, KEEP YOUR STRENGTH

Power Boost supports lean muscle mass while boosting mental cognition, increasing energy and promoting weight loss through a blend of L-glutamine (an amino acid found in your muscles) and medium-chain triglycerides.

It's blended with cocoa beans, valued not just for their wonderful flavor but also for their high antioxidant content and increased cardiovascular benefits. Coconut oil is also added to provide a rich source of energy that tends to be burned by the body rather than stored as fat.

Use Power Boost as an addition to PureNourish or on its own to help replenish energy and nutrients post-workout.



RECOMMENDED USAGE

Mix one scoop of Power Boost with two scoops of PureNourish and 8 oz. of cold water. Shake vigorously to blend. For a creamier shake, use almond or coconut milk.

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FREQUENTLY ASKED QUESTIONS

What makes PureNourish unique?

Unlike most shake products, PureNourish is entirely free of soy, preservatives, dairy, genetically modified organisms and wheat. This makes PureNourish safe to consume for many individuals who have intolerances to these ingredients. Simply put, PureNourish is the premium choice for nutrition!

What makes Power Boost unique?

Power Boost helps improve protein metabolism and stamina recovery and provides branched-chain amino acids (BCAAs). Branched-chain amino acids help maintain muscle on a low-calorie diet, while medium-chain triglycerides accelerate nutrient conversion and assist with appetite suppression, giving you a convenient way to get the most from your nutrition without sacrificing quality.

What is the recommended dosage of PureNourish?

Add two scoops to 8 oz. water, blend and enjoy once per day.

What is the recommended dosage of Power Boost and Beauty Boost?

Add one scoop of Power Boost to your PureNourish shake or use alone with 8 oz. of water or your favorite nut milk and enjoy once per day.

How long does one pouch of PureNourish or Power Boost usually last?

If used daily with the recommended daily use, all Slenderiiz products will last about 28 days.

What are the benefits of Power Boost?

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- Enriched with pure cocoa for antioxidants and cardiovascular support
- Medium-chain triglycerides from all-natural coconut oil enhance endurance
- L-glutamine supports optimal athletic performance and recovery
- Branched-chain amino acids decrease mental fatigue and preserve lean muscle mass
- For use with PureNourish Natural

What are the benefits of PureNourish?

- Supports healthy digestion
- Supports optimal memory function
- Aids cardiovascular and liver wellness
- Contains plant-derived amino acids
- Good source of DHA Omega-3's
- Probiotic, prebiotic and enzyme blend
- Nutrient dense without the calories
- Sweetened with stevia
- 15 vitamins and minerals
- 18g of plant protein
- Vegan
- Non-GMO
- Gluten free, soy free and dairy free
- Low glycemic
- No artificial flavors or colors
- Natural vanilla flavor

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FREQUENTLY ASKED QUESTIONS

How should I store PureNourish and Power Boost? Store in their sealed pouches in a cool, dry location.

What can I mix PureNourish with?

Mix PureNourish with water or your favorite nut milk.

What can I mix the Power Boost with?

Add one scoop of either Power Boost to your PureNourish shake or use alone with 8 oz. of water or your favourite nut milk.

Can I take PureNourish or **Power** Boost if I am allergic to one of the ingredients or am taking medication?

Always consult a healthcare physician prior to beginning any new weight loss program or dietary supplement if you have allergies or are taking medication.

Can I take PureNourish or **Power** Boost if I am pregnant or breastfeeding or have a medical condition?

Always consult a healthcare physician before beginning any new weight loss program or dietary supplement while pregnant or breastfeeding or if you have a medical condition.

What does DHA do?

The human brain is made up of nearly 60% fat. In recent years, we've learned that fatty acids are among the most crucial molecules that determine your brain's integrity and ability to perform. Essential fatty acids (EFAs) are required for maintenance of optimal health but they can't be synthesized by the body and must be obtained from dietary sources. The long chain omega-3 fatty acid, docosahexaenoic acid (DHA), is a major lipid in the brain recognized as essential for normal brain function. The DHA used in PureNourish is sourced from Algae — a vegan source of DHA.

PureNourish

What are amino acids?

Amino acids are small molecules that are used as building blocks for all proteins, assisting in the creation and growth of muscles, connective tissue and skin.

What are essential amino acids?

Essential amino acids can't be made by your body and must be obtained through your diet. These are histidine, isoleucine, leucine, lysine, methionine, phenylalanine, threonine, tryptophan and valine.